



MENU



FIT FOR YOUR SOUL

678.460.8333

www.chefkatford.com



SALAD

Mexican Salad

black beans, tomatoes, avocado with Catalina dressing (soy free)

Greek Salad

artichoke, olives, cucumbers, tomatoes with vinaigrette (soy free)

ENTRÉE

This business prepares each meal with soy free, none gmo and organic options.

Asian Eggplant Stir fry with wild Rice and selected side

Black Bean Sliders with Pretzel Bun or on Sweet Potato stacks with selected side

Cajun Red Beans and wild Rice

Vegan “sausage” with grilled onions and peppers on Pretzel Bun with selected side

Curry Chickpea or Curry Sweet Potato w/wild rice bowl and selected side

Asian Fried mushrooms with wild rice and selected side

Grilled Veggie Sandwich

Chik’n Salad

BBQ Portobello with selected sides

Custom Veggie Fried Rice



SIDES & ADD-ONS

Seasoned potatoes
garlic green peas
house salad
broccoli
Sautéed Spinach
brussels sprouts

cabbage & carrots
potato salad
green beans
sweet potato hash
mixed veggies
smoky collards

